



Le Couvent des Minimes Spa by L'Occitane, Mane



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Provençal beauty brand L'Occitane has come home with its first spa in the Luberon—most ingredients are grown here, and the factory is close by. The spa, in a seventeenth-century former convent, now a hotel, has simple treatment rooms decorated in earthy hues with mosaic-tiled walls and slate floors, plus his-and-hers saunas, an indoor chromatherapy pool, and a hammam, while the relaxation area looks onto the outdoor pool and the bucolic countryside beyond. Young French therapists administer treatments particular to the region, including the L'Occitane Signature Grape Cure, where the body is exfoliated with grape pulp and seeds before a wrap and detoxifying massage. Facials are tailored to skin type: The Immortelle Secret to Youth does indeed leave the face feeling years younger.