Destination n°3

Destination *Longevity & Vitality*

This Destination is an invitation for you to flourish, offering a concentrate of vitality in an environment conducive to letting go. The main goals of this programme are to restore radiance, clear and beautiful skin, and to boost the whole body's dynamism.

BENEFITS

Improve vitality
Optimise physical health
Prevent the effects of ageing

L'Occitane Treatments

- Immortelle Divine Secret
- Harmonie Divine Eternal Beauty
- Reset Face & Eyes
- Shea Nourishing Scrub
- Shea Ultra-moisturizing Body Wrap
- Sleep & Reset Massage
- Power Nap Massage
- Relaxing Aromachologie Massage
- Shea Nurturing Massage
- Almond Detoxifying Balance
- Leg Refresher With Essential Oils
- Made to Measure Facial (Of your choice)
- Made to Measure Body Massage (Vitality)
- Made to Measure Body Massage (Intensity)
- Made to Measure Body Massage (Of your choice)

Complementary Treatment

Silhouette Massage

Energy Therapies

- Foot Reflexology
- Tui Na
- Chi Nei Tsang

Sports & Energy Arts

- Yoga
- Personal Training
- Group Classes
- Qi Gong
- Meditation

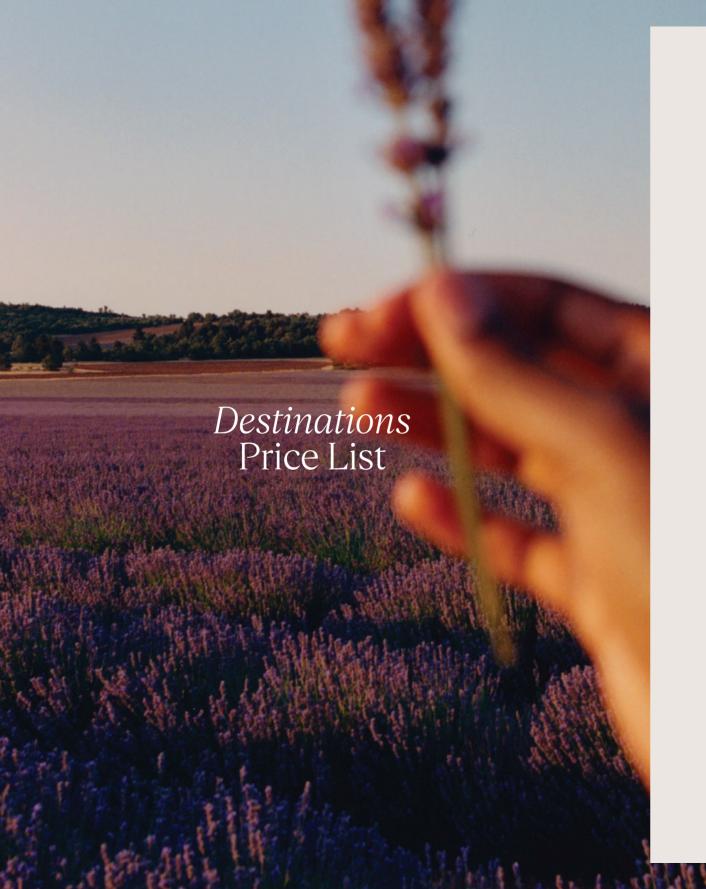
Workshop

- Understanding your Skin Workshop
- Healthy Cuisine Workshop

Holistic Service

Naturopathy





Reconnection & Rejuvenation

•	3 Days	850.00€
	6 Days	1900.00€
	14 Days	3950.00€

Balance & Emotion

•	3 Days	900.00€
•	6 Days	1600.00€
	14 Days	3950.00€

Longevity & Vitality

•	3 Days	950.00€
-	6 Days	1800.00€
	14 Days	4250.00€

Fitness & Detox

-	3 Days	800.00€
•	6 Days	1800.00€
	14 Days	3850.00€